

St. Irenaeus Catholic Church

Rochester Hills, Michigan (248) 651-9595

Lent is a season that we, as disciples, focus our efforts on drawing closer to God. Across the world, Christians journey individually and as communities, following the pattern of Jesus' sojourn in the wilderness, through practices of prayer, fasting, and almsgiving.

The purpose of the practices of Lent include spiritual growth and conversion of heart. In these holy days, accept the invitation to listen to Jesus and deepen your response to his offer of love. With confidence and trust, we embrace our role as witness and follower once again in the journey to Calvary.

"Unleash the Gospel" is Archbishop Vigneron's rallying cry for missionary conversion and renewal in the Church. We are being called to encounter Jesus anew in our lives, and to be intentional and purposeful disciples. Let us allow the Holy Spirit to lead and guide us on our Lenten journey, and to open our hearts and minds in surrendering to the Risen Lord who we will celebrate soon on Easter. A blessed and fruitful Lent to all!

Worship God!

ASH WEDNESDAY, March 6

8:30am & 7pm – Mass with imposition of ashes
12 noon – Liturgy of the Word with imposition of ashes
Self-imposition of ashes available 9:30-11:45am, 12:30-6:30pm

REGULAR MASS SCHEDULE

Monday, Tuesday, Wednesday, Friday at 8:30am
Saturday – 5pm, Sunday – 8, 9:45, and 11:30am

STATIONS OF THE CROSS

7pm Fridays – March 8 thru April 12

ADORATION OF THE BLESSED SACRAMENT

9:15 – 10:30am First Tuesday of the month
7 – 8pm every Monday during Lent

HOLY THURSDAY, April 18

7pm – Mass of the Lord's Supper; Adoration in Hall to 11pm

GOOD FRIDAY, April 19

Noon – Living Stations of the Cross presented by the Youth Group
1:30pm – Solemn Celebration of the Lord's Passion

Seek Reconciliation with God

Individual Confessions:

Every Saturday from 3:30 – 4pm

St. Irenaeus Communal Penance Service:

Sunday, April 7 at 3pm – with individual Confession

Grow Your Faith!

Men's Prayer Group – 8-9am Saturdays: March 16 and April 6 & 20

Bible Study – 10am-12 Thursdays: March 7, 14, 21, 28 and April 4 & 11
(more bible studies coming – watch the bulletin/social media for details!)

Parish Lenten Journey

Works of Mercy Lenten "Kick-off" - we gather together in the Hall on Sunday, March 10th at 12:30pm performing acts of love and charity for those in need. Join us for a wonderful family-friendly event. RSVP soon!

Family-focused Lent - St. Irenaeus will be identifying opportunities to help families experience a purposeful, fruit-bearing Lenten journey, both in parish-wide activities and at home. Let us nurture a love of Jesus in our families. Stay tuned!

Keep a Lenten Journal – write down your thoughts, reflections, and actions on how you purposefully journey through Lent. This is perfect for families, with members contributing in various ways. 40 days with Jesus!

Pray, Fast, Give!

Let us set aside quiet time for daily prayer and spiritual reading as we center Lent on our relationship with God. Listen, reflect, and respond!

Ash Wednesday and Good Friday are days of fasting for those 18 through 59 years of age. Ash Wednesday and the Fridays of Lent are days of abstinence from meat for those age 14 and older.

We focus more intently on "almsgiving," which means donating money or goods to the poor and performing acts of charity. Watch the bulletin to see how you can help those in need. Love one another!



www.stirenaeus.org

